

THE 2019 LEICESTERSHIRE ROAD RUNNING LEAGUE

This document is set out to illustrate and clarify the team and individual scoring systems in place for the 2019 LRRRL season. There are some worked examples in the Appendices at the back to accompany the notes below.

Individual Scoring

Points are awarded to runners in their finishing order for the races

- 1st runner – 500 points
- 2nd runner – 499 points
- 3rd runner – 498 points
- And so on!

The points are awarded separately for the genders – eg the 1st man scores 500 points in the Mens league, the 1st woman scores 500 points in the Womens league etc. To calculate the number of points you have scored in a race, use the calculation 501 minus your gender finishing position.

In 2019, the league is back to a “split” season for individuals – the first 6 races (whose order has been published elsewhere) forms the “Spring” season whilst the second 6 forms the “Summer” season. In each series, a runner’s best 4 of 6 races shall count to their final score, with the exception of the U20 category for whom it shall be 3.

The vet runner prizes are determined by finishing order in category on the main league scores – ie the age categories are not scored separately (so a VM40-44 finishing 1st in category but 11th overall will receive the points for finishing 11th, not 500 points in a VM40 league for being first in that category).

If runners have equal total scores the following tests are applied, in order, to separate the runners to determine a winner:-

- comparisons of best results; i.e. best result, second best result etc.
- comparisons of head-to-head results.
- If the above tests do not separate runners a tied result is declared

The overall Champion can come from any age category - whichever age category the overall champion comes from does not then have a 1st place prize awarded at the end of season awards.

Eg - if the the Overall Champion is a V40, then the V40 category shall have a 2nd and 3rd place trophy awarded only.

Age Cut-Offs

A runner’s age category for the “Spring” season will be determined by their age at the Stilton 7 road race, regardless of when they actually compete in their first race.

For the “Summer” season it will be determined by their age at the Gaddesby 7 road race, again regardless of when they actually compete in their first race.

Open races may categorise runners differently for their own race prizes - these age categories will not be taken into account for the LRRL scoring.

In Open races, non-LRRL runners are removed from the league classification results for the distribution of individual points.

If a club runner participates in a race but has taken a place via transfer after a race's transfer deadline, or has not informed the host club they are running at all due to taking someone else's place, they will be treated as a guest for the race and thus not included in the league classification results for the distribution of individual points - as with non-LRRL runners in the open races.

Prize Structure

The planned prize structure is as follows (equal for both genders and subject to the below note):-

- Seniors – prizes awarded up to 6th place
- U20 – prizes awarded up to 3rd place
- Vets – Prizes awarded up to 3rd place in 5 year increments

A winners trophy will be awarded for each age category where a competitor has run the required 4 of 6 races in each series (3 for U20 to allow for age restrictions that apply on race licences) for both genders.

Further prizes up to 3rd (6th for Seniors) will be awarded on a minimum 3:1 runners completing the minimum number of races to prize ratio for all age categories.

Teams Scoring

In each category of the league (details below) teams score points in accordance with the finishing position of their qualifying runners. The lower the team score, the higher the team finishes for the day in the finishing order (eg a team with qualifying runners in places 1-10 will outscore a team whose qualifying runners are in places 21-30).

The teams are placed into three divisions and teams score league points respective for the division that they are in compared to their rivals.

To have a full team, the number of runners required are as follows:-

- Men – 8 runners (includes U20, Senior Men and VM40+)
- Ladies – 6 runners (includes U20, Senior Women, and VW40+)
- Vet Men – 4 runners (VM40+ only)
- Vet Ladies – 3 runners (VW40+ only)
- Mixed - 8 runners (first 4 men, first 4 women, regardless of age category)

It is possible for a VM40 runner to score for both the Mens team and Vet Mens team. Runners will score for a team in line with their actual age, rather than their age category in the individual competition. A Senior Male in the individual competition who turns 40 during the league season can therefore score for the vets team once they have turned 40.

However, a club can have an incomplete team and still score league points – but they must have at least one runner present at a race. An incomplete team cannot outscore a complete team no matter how high their runners finish.

Eg – a team with 7 men will not outscore a team of 8 men, but a team of 7 men will outscore a team of 6 men and so forth.

Due to the depth of the league, there is also a “B” league where each club has a B team. B teams are scored on the next best runners for each club.

- Eg – runners finishing 1-8 in a mens team comprise the “A” team, runners finishing 9-16 comprise the “B” team.
- Teams are not picked, so it is possible a man can finish in 12th for his club in one race and score for the “B” team, but finish in 7th for his club the next and therefore score for his “A” team.

There are no "B" teams in the mixed league.

The “A” teams and Mixed teams are sorted into three divisions. Divisions One and Two contain 8 teams each, whilst Division Three contains the rest (12 teams).

At the end of the season, the bottom two teams from Divisions One and Two are relegated into the division below. The top two teams from Divisions Two and Three are promoted into the division above.

The “B” teams comprise of one complete league of all 28 member clubs.

There is no movement between the B divisions and A divisions. It is impossible for a club’s B team to outscore its A team.

In the event of a tie between clubs at the end of the season, the divisional finishing order will be determined by head to head record between those two clubs across the year.

To compensate clubs who cannot get full teams out for every race, they shall be allowed 2 dropped race scores across the 12 race series. A team's final score will therefore be based on a best 10 of 12 races. This applies to both the “A” leagues and “B” leagues.

Divisional points in the “A” leagues are scored as follows:-

- 21,18,16,15,14,13,12,11,10,9,8,7,6,5,4,3,2,1

In the “B” leagues it is as follows:-

- 31,28,26,25,24,23,22,21,20,19,18,17,16,15,14,13,12,11,10,9,8,7,6,5,4,3,2,1

In the event of teams tie-ing for an individual race, the league points scored will be the total of the points for those positions, divided by two.

- Eg – if 2 teams are tied for second, their score for that race will be the points scored for 2nd and 3rd divided by two
- Therefore – $18 + 16 / 2 = 34 / 2 = 17$ each

Appendix 1 – Individual Points Scoring Example

Below is an example image of the top 5 men in the LRRL League (just 4 races for this example, with a best 3 of 4 to count scenario):

Pos	Name	Cat	Race 1	Race 2	Race 3	Race 4	Dropped	Total
1	Sonic Hedgehog	VM40-44	500	500	497	496	(496)	1497
2	Owen McRunner	SenM	499	499	499	465	(465)	1497
3	Tim Hillchaser	SenM	496	498	498	488	(488)	1492
4	Paul Trackman	SenM	494	495	489			1478
5	Olaf Fartlek	U20	488	486	485			1459

Three of the top 5 have run all 4 races, but two have only run 3. However, as the best 3 of 4 count, the top 3 men all drop their worst score (which for all of them was in Race 4) which therefore does not penalise the other two for missing one race.

At the end of the series, Sonic Hedgehog and Owen McRunner tie on 1497 points each. However, under the tie-break system noted above, Sonic is the overall champion as he has won two races whilst Owen hasn't won any.

Owen is the Senior Mens champion as the highest scoring Senior Man, whilst Olaf Fartlek wins the U20 category for being highest finishing U20.

Note the runners are scoring just one set of points – not separate category points for U20/Seniors/VM40 etc.

Appendix 2 – Team Points Scoring Example

A race takes place in the LRRL season, with the following Division 2 teams finishing as follows:-

Pos	Club	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5	Runner 6	Runner 7	Runner 8	# of Runners	Total	League Points
1	Ayleston Animals	6	17	41	55	76	93	116	126	8	530	21
2	Humberstone Haranguers	1	25	43	56	81	90	110	125	8	531	18
3	Bede Island Beasts	12	19	38	52	70	96	113	134	8	534	16
4	Stoneygate Stranglers	3	22	42	51	78	98	111	131	8	536	15
5	Barwell Barnstormers	4	16	47	57	74	95	112	142	8	547	14
6	Watermead Whales	7	21	39	53	68	99	115		7	402	13
7	Groby Grabbers	10	23	40	60	77	97			6	307	12
8	Enderby Eels	8	30	46	65	72				5	221	11

8 men are required to make a full team, in this instance 5 teams have managed to field a full team.

The teams have scored “race” points on the basis of the total of their runners finishing positions.

Eg – the Aylestone Animals have had runners finish in positions 6, 17, 41, 55, 76, 93, 116 and 126 and thus score 530 points. They have scored less points than any other team so are the Divisional winners for the day and thus win 21 league points.

The Watermead Whales didn’t manage to field a full 8, but still score league points as 7 ran. However, you can see how has limited their position for the day as they are outscored by all the other clubs who fielded a complete team and as such score just 13 league points for the day.

The Enderby Eels had the lowest team for the day, so scored just 11 league points.

If a team does not have any finishers, they will not score any team points.

At the end of the season, the higher the amount of league points, the higher a team will finish in its division!