

# **LEICESTERSHIRE ROAD RUNNING LEAGUE**

## **Chairman**

Andy Wilford

## **Secretary**

Peter Osborne  
114a Main Street  
Swithland,  
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## **Minutes**

### **Meeting of the LRRL Delegates Monday, September 7<sup>th</sup> 2015 Groby Ex Servicemen's Club, Groby.**

Notice of meeting starting at 8.00 pm

#### **Welcome**

Dave Lodwick, awelcomed everyone

#### **Apologies**

Andy Wilford, Nick Nealon Bernadette Owen

#### **Minutes**

Minutes of meeting June 8 approved and signed

#### **Matters arising**

#### **Correspondence**

#### **Treasurer**

Income from races £7800 and outgoing £4500. There is still about £600in further payments but the income from John Fraser race not included.  
Savings account £2139, Current account £4000.

#### **Races**

Barrow 6 June 21<sup>st</sup>. No delegate. Difficulties with timing and consequently results not totally accurate.

John Skevington looking at investment in disposable chip system mostly for the summer races. The investment in current chips is better by hiring extra chips rather than buying new ones. The Japanese suppliers not giving dependable chips.

Wreake Hungarton July 1 Hot conditions and had increased supplies by 50%. Problems for the last few runners with not enough water. Warnings given out on line. Discussion if race should have been cancelled, that would also depend on the medical risk assessment.

Huncote Joy Cann August 5 No delegate. Can Clubs look at their maximum runners to see if it can be increased as races become more popular. Huncote cannot control the vehicles being used by members of the leisure centre.

Hermitage August 23. Ran well.

Wigston John Fraser September 6 Another hot day with record entries. 670 entries probably at maximum capacity. Start better. Good and viable number of marshals.

Summer race applications to be included with minutes.

If members want to increase the number of races, proposals with reason should be sent before the next meeting.

Decision needed for the voting system

### **Races 2016 programme**

Any further applications for consideration in October

None

### **Network / UKA** John Skevington

- Following on from the successful video analysis session at Roadhogs a further session was held at Fleckney and Kibworth where coaches and run leaders were encouraged to comment on the videos taken. An excellent strength and conditioning session based on the Oregon circuit was held at Huncote Harriers with around 50 runners in total taking part with around a dozen of these coming in from other clubs to take part as a club sharing session. My thanks go to those clubs who are progressing with coach and member development.

- The running in the park initiative proved to be an overwhelming success with estimates agreeing that there were around 200 runners attending. Groups were divided into place groups and were encouraged to run together through the park for around an hour. A coached hill session was made available which attracted around 40 participants. The session was based upon the four seasons(not the 60's pop combo) and the types of training that you might do during those periods of time.

- Support of coaches undertaking their Coach in Running Fitness qualification continues and despite some delays in preparing diaries these are now beginning to come through the system and take active part within their clubs.

- With the growing interest from clubs looking to encourage young runners to take part in a session a follow-up workshop hosted by Jenny Harris who is the England Athletics youth endurance lead will be held on December 8 at Sport Park although this is still due to be confirmed. The session will also include a practical session led by Scott Grace and details of the workshop/session will be distributed as soon as everything is confirmed.

- On behalf of the Leicestershire Road Running League I have taken on the task of applying for a bulk temporary traffic order for every race throughout 2016. This order needs to be completed, along with the new requisite signing schedules, by the beginning of October. There are still a few schedules to be completed and my thanks go to Steve Hillman who has been a great help with these. It is a big job of work but once completed will be in place on an ongoing basis.

- We continue to supply chip timing to all but one of the league races and this year have been able to pick up a few extra events which increases our revenue, I have also held training for a new recruit who seems very good. We now have four Trained operators. By the end of the year we will have provided timing for 19 races.

- I have contacted J chip and this time received a response however the response made little or no sense so we are no further forward with knowing what to do with regards replacing our lost chips.

- The chapter 8 course which I have arranged for the county has been now moved to October 10 with the venue remaining at Sport Park. This appears to be the only course taking place in the country at the moment.

- Beginners Running. Kim Angell continues to make excellent progress both with collecting enrolments but more importantly by engaging and supporting groups on a practical basis. Kim will report at the next Network meeting.
- A follow-up to the very successful run leader workshop is taking place on September 3. Details of the content of this are being discussed at the moment.
- England Athletics have now taken on three senior roles with a new participation manager and a product manager being two of the key roles. One of the immediate tasks of the product manager is to have a complete review of the Run England programme which rather alarms me as the initiative works very well in the county and is responsible for the swelling numbers of many clubs. I have spent a couple of long telephone conversations with the new incumbent to express my views. From this I have now been "re-invited" to attend the board advisory group on participation so that I can articulate my views and understanding of how the scheme is so successful locally to the board advisory group. I am to spend a hopefully productive afternoon and evening in London on September 1st completing this task.
- Following on from the local and national campaign to oppose the age changes so as to fall in to line with IAAF rules the findings and views of the sport have gone to UKA for review. We are waiting in hope that they will agree with the consensus that the idea was ill thought through.
- I have again this year begun the process of supporting the County cross-country Championships from an administrative point of view. I will continue to work up until the day of the event giving any support necessary including the production of the programme. With the championships being essentially a week later this year the difficulty of producing anything over the Christmas period has been averted.

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RUN BRITAIN Chair - East Midlands Regional Panel

Typed using a speech recognition programme - Please forgive any errors that I haven't noticed!

**AOB:**

Draft league tables available. Now caught up and waiting to go through the Wigston Phoenix results.

Clubs to be responsible for the published results, having a week to change or challenge, then accepted by Micheal as correct.

Agreed by delegates.

Carole reported that Clubs pay £15.00 subscription to the L&RAA but new Clubs had not been notified. Suggestion that any Clubs with runners wanting to run in the XC champs, the Club should pay 1/2 fee.

Were copies of the rules available? Dave to sent to Secretary for distribution and will be on the Web

Approaching the AGM, there is no Vice Chair.LRRL needs both a new Chair and Vice Chair for the year commencing in October

Presentation evening. No entry on the night. Tickets ready for purchase. Last year the evening was subsidised by the League with £600.

Desford asked if there was an appetite from Clubs to restart the Round Leicester Relay. Can clubs contact Paddy giving interest.

**Date of next meeting.** October 19<sup>th</sup>.2015