

THE 2017 LEICESTERSHIRE ROAD RUNNING LEAGUE

This document is set out to illustrate and clarify the team and individual scoring systems in place for the 2017 LRRL season. There are some worked examples in the Appendices at the back to accompany the notes below.

The Race Calendar

Round 1 – Barrow 6 – Sunday 29th January 2017 – CANCELLED

Round 2 – Kibworth 6 – Sunday 12th February 2017

Round 3 – Stilton 7 – Sunday 26th February 2017

Round 4 – Markfield 10k – Sunday 12th March 2017

Round 5 – Desford 5 – Sunday 26th March 2017

The above races form the Winter League portion of the season.

Round 6 – West End 8 – Sunday 7th May 2017

Round 7 – Gaddesby 7 – Sunday 21st May 2017

Round 8 – Swithland 6 – Sunday 4th June 2017

Round 9 – Hungarton 7 – Wednesday 5th July 2017

Round 10 – Joy Cann 5 – Wednesday 2nd August 2017

Round 11 – Hermitage 10k – Sunday 13th August 2017

Round 12 – John Fraser 10 – Sunday 3rd September 2017

The above races form the Summer League portion of the season.

Individual Scoring

Points are awarded to runners in their finishing order for the Winter League and Summer League races on the following basis:-

- 1st runner – 500 points
- 2nd runner – 499 points
- 3rd runner – 498 points
- And so on!

The points are awarded separately for the genders – eg the 1st man scores 500 points in the Mens league, the first woman scores 500 points in the Womens league etc.

For the Winter League, for 2017 now a race has been cancelled, the best 3 of 4 results shall count to the final score. If a runner runs all 4 races, their worst score will be “dropped” to make their final score. This also allows a runner to miss a race but still challenge for overall honours.

For the Summer League the best 5 of 7 results shall count to the final score. Any runners completing 6 or 7 races will lose their worst one or two scores so they have five counting scores to make their final total. This also allows a runner to miss up to two races but still challenge for overall honours.

The vet runner prizes are determined by finishing order in category on the main league scores – ie the age categories are not scored separately (so a VM40-44 finishing 1st in category but 11th overall

will receive the points for finishing 11th, not 500 points in a VM40 league for being first in that category).

If runners have equal total scores the following tests are applied in order to separate the runners to determine a winner:-

- comparisons of best results; i.e. best result, second best result etc.
- comparisons of head-to-head results.
- If the above tests do not separate runners a tied result is declared

Age Cut-Offs

For the winter league, a runner will be categorised based on their age at the date of the first race (intended for 2017 as the Barrow 6 date). If they reach a birthday that would ordinarily see them change category, they will in fact remain in their original category until the end of a series (eg a 39 year old lady who ran the first two races at 39, then turned 40 for the last two, would be scored as a Senior Woman for the whole series – however, she can score for her vet team in those two races).

For the Summer League, a runner is scored on the basis of their age for the first race (for 2017 this is a runner's age on the West End 8).

Teams Scoring

Unlike the Individuals competition which is split into two separate series, the Teams competition for the year takes place across the whole year with no distinction between Winter and Summer league.

In each category of the league (details below) teams score points in accordance with the finishing position of their qualifying runners. The lower the team score, the higher the team finishes for the day in the finishing order (eg a team with qualifying runners in places 1-10 will outscore a team whose qualifying runners are in places 21-30).

The teams are placed into three divisions and teams score league points respective for the division that they are in compared to their rivals.

To have a full team, the number of runners required are as follows:-

- Men – 8 runners (includes U20, Senior Men and VM40+)
- Ladies – 6 runners (includes U20, Senior Women, and VW40+)
- Vet Men – 4 runners (VM40+ only)
- Vet Ladies – 3 runners (VW40+ only)

It is possible for a VM40 runner to score for both the Mens team and Vet Mens team.

However, a club can have an incomplete team and still score league points – but they must have at least one runner present at a race. An incomplete team cannot outscore a complete team no matter how high their runners finish.

Eg – a team with 7 men will not outscore a team of 8 men, but a team of 7 men will outscore a team of 6 men and so forth.

Due to the depth of the league, there is also a “B” league where each club has a B team. B teams are scored on the next best runners for each club.

- Eg – runners finishing 1-8 in a mens team comprise the “A” team, runners finishing 9-16 comprise the “B” team.
- Teams are not picked, so it is possible a man can finish in 12th for his club in one race and score for the “B” team, but finish in 7th for his club the next and therefore score for his “A” team.

The “A” teams are sorted into three divisions. Divisions One and Two contain 8 teams each, whilst Division Three contains the rest (13 teams).

At the end of the season, the bottom two teams from Divisions One and Two are relegated into the division below. The top two teams from Divisions Two and Three are promoted into the division above.

The “B” teams are sorted into two divisions. B Division One (10 teams) and B Division Two (19 teams).

At the end of the season, the bottom three teams from Division One are relegated into B Division Two, whilst the top three teams from B Division Two are promoted into B Division One.

There is no movement between the B divisions and A divisions. It is impossible for a club’s B team to outscore its A team.

In the event of a tie between clubs at the end of the season, the divisional finishing order will be determined by head to head record between those two clubs across the year.

Divisional points are scored as follows:-

- 22,19,17,16,15,14,13,12,11,10,9,8,7,6,5,4,3,2,1

In the event of teams tie-ing for an individual race, the league points scored will be the total of the points for those positions, divided by two.

- Eg – if 2 teams are tied for second, their score for that race will be the points scored for 2nd and 3rd divided by two
- Therefore – $19 + 17 / 2 = 36 / 2 = 18$ each

LEICESTER RUNNING SHOP LEICESTERSHIRE ROAD RUNNING LEAGUE 2017 DIVISIONAL STRUCTURE - PROPOSED

VET WOMEN		WOMEN		VET MEN		MEN	
DIVISION ONE		DIVISION ONE		DIVISION ONE		DIVISION ONE	
1 Barrow Runners		1 Barrow Runners		1 Barrow Runners		1 Barrow Runners	
2 Birstall RC		2 Birstall RC		2 Beaumont RC	P	2 Beaumont RC	P
3 Hermitage Harriers	P	3 Hermitage Harriers		3 Hermitage Harriers		3 Desford Striders	P
4 Hinckley RC		4 Hinckley RC		4 Huncote Harriers		4 Hermitage Harriers	
5 Huncote Harriers		5 Huncote Harriers		5 Leicester Coritanian		5 Hinckley RC	
6 Ivanhoe Runners		6 Ivanhoe Runners		6 West End Runners		6 Huncote Harriers	
7 Roadhogs		7 Poplar RC	P	7 Wigston Phoenix		7 Leicester Coritanian	
8 West End Runners	P	8 Team Anstey Amblers & Runners	P	8 Wreake Runners	P	8 Wreake Runners	
DIVISION TWO		DIVISION TWO		DIVISION TWO		DIVISION TWO	
1 Badgers		1 Charnwood AC	R	1 Badgers	P	1 Badgers	
2 Beaumont RC		2 Desford Striders		2 Charnwood AC	R	2 Birstall RC	
3 Charnwood AC	P	3 Fleckney & Kibworth	P	3 Desford Striders		3 Charnwood AC	R
4 Desford Striders	R	4 Roadhogs	R	4 Hinckley RC		4 Poplar RC	
5 Poplar RC	P	5 Stilton Striders	P	5 Ivanhoe Runners		5 Roadhogs	
6 Team Anstey Amblers & Runners		6 West End Runners		6 Roadhogs		6 Team Anstey Amblers & Runners	P
7 Wigston Phoenix	R	7 Wigston Phoenix		7 Stilton Striders		7 West End Runners	P
8 Wreake Runners		8 Wreake Runners		8 Team Anstey Amblers & Runners	P	8 Wigston Phoenix	
DIVISION THREE		DIVISION THREE		DIVISION THREE		DIVISION THREE	
1 Coalville Triathlon Club		1 Badgers	R	1 Birstall RC		1 Coalville Triathlon Club	
2 Fleckney & Kibworth	R	2 Beaumont RC	R	2 Coalville Triathlon Club		2 Fleckney & Kibworth	
3 Harborough		3 Coalville Triathlon Club		3 Fleckney & Kibworth		3 Harborough	
4 Leicester Coritanian		4 Harborough		4 Harborough		4 Ivanhoe Runners	
5 Leicester Triathlon Club		5 Leicester Coritanian		5 Leicester Triathlon Club		5 Leicester Triathlon Club	
6 Nuneaton		6 Leicester Triathlon Club		6 Nuneaton		6 Nuneaton	
7 OWLS		7 Nuneaton		7 OWLS		7 OWLS	
8 Racehub Triathlon Club	TBC	8 OWLS		8 Poplar RC		8 Racehub Triathlon Club	TBC
9 Shepshed RC		9 Racehub Triathlon Club	TBC	9 Racehub Triathlon Club	TBC	9 Shepshed RC	
10 South Derbyshire RR		10 Shepshed RC		10 Shepshed RC		10 South Derbyshire RR	
11 Stilton Striders	R	11 South Derbyshire RR		11 South Derbyshire RR		11 Stilton Striders	
12 Whetstone		12 Whetstone		12 Whetstone		12 Whetstone	
13 Wreake & Soar Valley		13 Wreake & Soar Valley		13 Wreake & Soar Valley		13 Wreake & Soar Valley	
B DIVISION ONE		B DIVISION ONE		B DIVISION ONE		B DIVISION ONE	
1 Birstall RC		1 Barrow Runners		1 Barrow Runners		1 Barrow Runners	
2 Desford Striders		2 Birstall RC		2 Beaumont RC		2 Beaumont RC	
3 Hermitage Harriers		3 Desford Striders		3 Birstall RC		3 Birstall RC	
4 Hinckley RC		4 Hermitage Harriers		4 Desford Striders		4 Desford Striders	
5 Huncote Harriers		5 Hinckley RC		5 Hermitage Harriers		5 Hermitage Harriers	
6 Ivanhoe Runners		6 Huncote Harriers		6 Huncote Harriers		6 Huncote Harriers	
7 Roadhogs		7 Ivanhoe Runners		7 Roadhogs		7 Poplar RC	
8 Team Anstey Amblers & Runners		8 Poplar RC		8 Team Anstey Amblers & Runners		8 Team Anstey Amblers & Runners	
9 West End Runners		9 Team Anstey Amblers & Runners		9 West End Runners		9 West End Runners	
10 Wigston Phoenix		10 West End Runners		10 Wigston Phoenix		10 Wigston Phoenix	
B DIVISION TWO		B DIVISION TWO		B DIVISION TWO		B DIVISION TWO	
1 Badgers		1 Badgers		1 Badgers		1 Badgers	
2 Barrow Runners		2 Beaumont RC		2 Charnwood AC		2 Charnwood AC	
3 Beaumont RC		3 Charnwood AC		3 Coalville Triathlon Club		3 Coalville Triathlon Club	
4 Charnwood AC		4 Coalville Triathlon Club		4 Fleckney & Kibworth		4 Fleckney & Kibworth	
5 Coalville Triathlon Club		5 Fleckney & Kibworth		5 Harborough		5 Harborough	
6 Fleckney & Kibworth		6 Harborough		6 Hinckley RC		6 Hinckley RC	
7 Harborough		7 Leicester Coritanian		7 Ivanhoe Runners		7 Ivanhoe Runners	
8 Leicester Coritanian		8 Leicester Triathlon Club		8 Leicester Coritanian		8 Leicester Coritanian	
9 Leicester Triathlon Club		9 Nuneaton		9 Leicester Triathlon Club		9 Leicester Triathlon Club	
10 Nuneaton		10 OWLS		10 Nuneaton		10 Nuneaton	
11 OWLS		11 Racehub Triathlon Club	TBC	11 OWLS		11 OWLS	
12 Poplar RC		12 Roadhogs		12 Poplar RC		12 Racehub Triathlon Club	TBC
13 Racehub Triathlon Club	TBC	13 Shepshed RC		13 Racehub Triathlon Club	TBC	13 Roadhogs	
14 Shepshed RC		14 South Derbyshire RR		14 Shepshed RC		14 Shepshed RC	
15 South Derbyshire RR		15 Stilton Striders		15 South Derbyshire RR		15 South Derbyshire RR	
16 Stilton Striders		16 Whetstone		16 Stilton Striders		16 Stilton Striders	
17 Whetstone		17 Wigston Phoenix		17 Whetstone		17 Whetstone	
18 Wreake & Soar Valley		18 Wreake & Soar Valley		18 Wreake & Soar Valley		18 Wreake & Soar Valley	
19 Wreake Runners		19 Wreake Runners		19 Wreake Runners		19 Wreake Runners	

“R” indicates club has been relegated into this Division for 2017

“P” indicates club has been promoted into this Division for 2017

“TBC” – RaceHub’s application to join the league is to be officially sanctioned at the next LRRL meeting

Appendix 2 – Individual Points Scoring Example

Below is an example image of the top 5 men in the LRRL Winter League:

Pos	Name	Cat	Race 1	Race 2	Race 3	Race 4	Dropped	Total
1	Sonic Hedgehog	VM40-44	500	500	497	496	(496)	1497
2	Owen McRunner	SenM	499	499	499	465	(465)	1497
3	Tim Hillchaser	SenM	496	498	498	488	(488)	1492
4	Paul Trackman	SenM	494	495	489			1478
5	Olaf Fartlek	U20	488	486	485			1459

Three of the top 5 have run all 4 races, but two have only run 3. However, as the best 3 of 4 count, the top 3 men all drop their worst score (which for all of them was in Race 4) which therefore does not penalise the other two for missing one race.

At the end of the series, Sonic Hedgehog and Owen McRunner tie on 1497 points each. However, under the tie-break system noted above, Sonic is the overall champion as he has won two races whilst Owen hasn't won any.

Owen is the Senior Mens champion as the highest scoring Senior Man, whilst Olaf Fartlek wins the U20 category for being highest finishing U20.

Note the runners are scoring just one set of points – not separate category points for U20/Seniors/VM40 etc.

Appendix 3 – Team Points Scoring Example

A race takes place in the LRRL season, with the following Division 2 teams finishing as follows:-

Pos	Club	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5	Runner 6	Runner 7	Runner 8	# Runners	Total	Lge Pts
1	Aylestone Animals	6	17	41	55	76	93	116	126	8	530	22
2	Humberstone Haranguers	1	25	43	56	81	90	110	125	8	531	19
3	Bede Island Beasts	12	19	38	52	70	96	113	134	8	534	17
4	Stoneygate Stranglers	3	22	42	51	78	98	111	131	8	536	16
5	Barwell Barnstormers	4	16	47	57	74	95	112	142	8	547	15
6	Watermead Whales	7	21	39	53	68	99	115		7	402	14
7	Groby Grabbers	10	23	40	60	77	97			6	307	13
8	Enderby Eels	8	30	46	65	72				5	221	12

8 men are required to make a full team, in this instance 5 teams have managed to field a full team.

The teams have scored "race" points on the basis of the total of their runners finishing positions.

Eg – the Aylestone Animals have had runners finish in positions 6, 17, 41, 55, 76, 93, 116 and 126 and thus score 530 points. They have scored less points than any other team so are the Divisional winners for the day and thus win 22 league points.

The Watermead Whales didn't manage to field a full 8, but still score league points as 7 ran. However, you can see how has limited their position for the day as they are outscored by all the other clubs who fielded a complete team and as such score just 14 league points for the day.

The Enderby Eels had the lowest team for the day, so scored just 12 league points.

If a team does not enter any runners, they will not score any team points.

At the end of the season, the higher the amount of league points, the higher a team will finish in its division!